

**Embassy of India
Djibouti**

PRESS RELEASE

10th AYURVEDA DAY

The Embassy of India in Djibouti organized the 10th Ayurveda Day on 23rd September, 2025. Ayurveda Day is organized every year on Dhanawantari Jayanti since 2016 by Ministry of Ayush under Government of India. The theme of this year's Ayurveda Day is "Ayurveda for People and Planet" which emphasizes its enduring relevance in promoting individual well-being while ensuring ecological balance and sustainability. India's aim is to promote Ayurveda globally as a robust system of medicine for the welfare of humanity. This year Ayurveda Day is being celebrated in around 150 countries.

In the field of Ayurveda, extensive research work is going on to establish the scientific relevance of Ayurveda in promotion of health and treatment of various diseases. Currently, Ayurveda is recognized in as many as 25 countries.

In his speech, Ambassador H.E. M. Keivom highlighted the benefits of Ayurveda and Ayurvedic practices for promoting health and well-being of people. The event was attended by members of Indian diaspora; practitioners/pharmacist in Djibouti using Ayurvedic medicine or health products; Ayurveda enthusiasts; friends of India; lovers of Indian Culture; and members of the Embassy. Distinguished speaker including Director General of Central Purchasing of Medicine and Essential Equipment, Mr. Hassan Abdourahman Elmi addressed the gathering and shared the experiences on traditional medicines.

A power-point presentation on Ayurveda was also organized showcasing Ayurvedic herbs and its benefits in addition to Yoga demonstration, aiming to raise awareness about the holistic approach of Ayurveda to health and wellness. Followed by the presentation, Dr Zohra Mohamed Omar, researcher from Institute of Political and Strategic Studies, highlighted the signification of Ayurvedic products which she has been using since long. On the occasion, around 50 guests participated and attended the Ayurveda Day.





September 23, 2025
Djibouti