

**Embassy of India
Djibouti**

Press Release

10th International Day of Yoga 2024 (IDY- 2024)

The Mission organized a series of events to celebrate 10th International Day of Yoga in Djibouti. As Djibouti is extremely hot and humid in summers, outdoor activities are not possible and hence indoor sessions were organized with diverse participants at different locations. As a prelude to the celebration of the IDY-2024, Mission organized its first “Yoga Session” from 0700-0800 hours on 01st June 2024 at the Multi-Purpose Hall of the Embassy. Ambassador along with all the Embassy staff members and their families (around 20 personnel) participated in the event.



2. The second Curtain Raiser event for celebration of IDY-2024 was organized at the Coast Guard, Naval Camp Doraleh Instruction Center at 0700 hours on 11th June 2024. The event witnessed the participation of Colonel Wais Omar Bogoreh, the Chief of Djiboutian Coast Guard, Shri R Chandramauli, Ambassador of India, Dr Sanjay Kumar, Head of Chancery and Smt Pushpa Kumar, SS (Culture) apart from Coast Guard Personnel and other members of Indian Embassy. Around 80 people participated in the event. The event was covered by the RTD Web TV of Djibouti and broadcast by them on 12th June 2024.





3. The third event of IDY-2024 was organized by the Mission on board the visiting ship INS Kolkata at 0600 hours on 12th June 2024. The Yoga session was participated by 50 personnel including officers from the military bases of USA, Japan, Italy, Ambassador of India, officers and staff of the ship, staff of Indian Embassy and members of Indian Diaspora.



4. The fourth event was also organised by the Mission on 12th June 2024 wherein a group of Indian Navy personnel from visiting ship INS Kolkata demonstrated various Yogasanas in front of the iconic structure "I love Djibouti" installed in front of Parliament of Djibouti.





5. The fifth event of the Yoga session was organised by the Mission at the decks of two visiting ships INS Tabar & INS Kolkata on 21th June 2024. About 50 personnel on board the each ship including officers from the military bases of USA, Japan, Italy, Ambassador of India, officers and staff of the ships, staff of Indian Embassy, Djiboutian friends and members of Indian Diaspora participated in the event.



6. The sixth and the main event of the IDY-2024 was organised by the Mission at the Ayla hotel in Djibouti at 0700 hours on 22 June 2024. The Yoga session was conducted by Ms Tanvi Joshi, a Yoga practioner from Indian Diaspora. The event started with the welcome address by Smt Pushpa Kumar, SS (Culture) of the Embassy. The event witnessed the participation of about 120 persons which included two advisors from Ministry of Culture, Djibouti, members of diplomatic community, members of Indian Embassy and their families, Djiboutian friends and members of Indian Diaspora. The two advisors from Djiboutian Ministry of Culture were very happy to have a Yoga session and expressed their deep appreciation for the efforts being made by the Mission to promote the Yoga among Djiboutians for their well being. Ambassador also highlighted the origin and commencement of International Yoga Day, its global significance and importance of the Yoga in the day to day life of an individual.



7. The IDY-2024 celebration by the Embassy of India, Djibouti, was thus a resounding success, bringing together distinguished guests including foreign diplomats and Djiboutian friends in order to promote the Yoga and strengthen ties between India and Djibouti.
